

SHUFSD Health and Wellness Committee

2023-2024 Meeting #2 Minutes

Heritage Room

November 15, 2023

The Health and Wellness Committee meeting began at 5:30 PM on November 15, 2023 in the Heritage Room at JKAO.

Members present included Erin Meijer, Fred Scragg, Reanna Fulton, Annie Michaelian, David Barth, Sheila Buhse, Liz DeMonte, Madison Skelton, and Jaren Smullian

Members absent: Shaka Williams (LOA)

The Panorama Education survey progress was briefly reviewed. A graphic was included to demonstrate the completion at each school.

The committee discussed the SEL program at Birchwood, Maplewood, Countrywood, and Oakwood.

Options available from Northwell Health through our consortium were reviewed which included the sessions shared with families on Social Connections & Loneliness, Family Stress First Aid, and the ongoing School Avoidance Workshop.

Ms. Skelton and Mr. Barth shared that they made progress with the Morgan's Message program and that as the winter season begins, they are finalizing the plan with which student athletes will be involved to get it started.

Dr. Fulton reviewed the need to better celebrate days like World Kindness Day as a district and the committee will review some ideas on how we can do that with the buildings for next year.

Ms. Meijer gave an update on the DEI committee and shared that there are some similarities and overlap between what we are discussing in the health and wellness committees.

The next meeting date of December 13, 2023 at 5:30 PM was set.

The committee then ended the meeting with a tour of the new space created where HELP is currently housed. Dr. Fulton shared some of the construction and staffing changes that have allowed some students to attend who would have otherwise been out of district.

The meeting was adjourned at 6:30 PM.